

Do you have a relative or close friend with mental illness?

Do you feel you need support?

If so, phone one of our experienced carers in complete confidence, at local call rates

0845 60 30 29 |

365 Days a Year

CAUSE

An independent organisation supported by the DHSSPS & local Health and Social Care Trusts

Registered Charity NI 29469



CAUSE

A Northern Ireland community mental health agency, directed and staffed by carers.

CAUSE provides support and education for the relatives of persons with mental illness.

CAUSE's help takes many forms including Carer Advocates, educational courses and support groups as well as the telephone helpline.

Phone the CAUSE helpline for any help you need.

Do not hide away.

Confidentiality is guaranteed

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